

## I'm Well Connected Worksheet

I have connections with other people, groups and organizations in my community. I have professional connections, community connections and personal connections. These connections are powerful. They're assets— like money in the bank or the social capital --to help us meet our goals to address death and disability from Opioids. Social capital comes in the form of individuals, groups (informal/formal) and institutions. Mapping these assets and creating opportunities for them to contribute expands engagement and impact.

**2-3 people, groups or organizations I already connect with in my professional role:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### New Connections

Two friends, neighbors or family members who I think would be interested in working on opioid safety (who aren't now):

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Two groups I belong to, or know something about through other people, who I think would be interested in working on opioid safety (even if it's not what they already work on):

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Two businesses or local agencies (public or private) I am connected to, or know something about, who I think would be interested in working on opioid safety (even if it's not what they already work on):

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## Who's Missing?

In addition to your circle of connections, who are the people and/or groups or communities not yet involved that could you help meet your goals?

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1. If you don't have a connection to these people, groups or organizations, who does?

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2. How will the missing people get invited to participate? Think about how to make connections across cultures and sectors.

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## My Plan to Contact my Connections

**How:** Phone, email, text, at a meeting or public event, private gathering?

**By When:** Set a timeline that meets with your engagement plan goals.

**The "Ask"** What do you want them to do? Come to a meeting? Volunteer at an event? Attend your coalition meeting?

**Important:** How can you align what you want them to do with their interests? How can you find out their interests?